



Seasonal illnesses – be aware!

10th December 2019

Dear Parent/Guardian

As you may be aware from the media, there have been several instances of large numbers of children contracting a strain of the winter vomiting bug in some local schools.

Thankfully, we have not had too many cases to date but we have noticed a high level of absence over the last couple of weeks due to a range of common illnesses including chicken pox and influenza. We have also had some cases of scarlet fever reported in Y1 which is important to be aware of if you are pregnant.

In order to ensure we make it to the end of term with everyone fit and well before the holidays, please ensure your child is getting enough rest, drinking plenty of liquids and washing their hands regularly to help reduce the spread of infection.

If your child does fall sick, please allow them adequate time to recover before returning to school. The Health and Social Care Trust distributed helpful information about recovery times for common illnesses which is available via our school Facebook Page.

Thank you for your continued support.

S Spillane

Principal